



ANANDA MOHAN COLLEGE

A NAAC Re-accredited College with Grade B+ (2nd Cycle, 2016)

(Affiliated to University of Calcutta)

102/1, Raja Rammohan Sarani, Kolkata – 700 009



AMC Newsletter

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Honours for Academic Excellence

Dr. Priyatosh Dutta Honoured with the 'Dronacharya Award-2025'

Dr. Priyatosh Dutta, Teacher-in-Charge of Ananda Mohan College, was felicitated with the prestigious 'Dronacharya Award-2025' by Techno India Group, Kolkata on Saturday, 20th September 2025. The award was conferred in recognition of his distinguished contribution to the field of education.

The College community extends its warm congratulations to Dr. Dutta on this well-deserved honour, which stands as an inspiration for all. The College fraternity takes immense pride in this distinguished achievement, which not only acknowledges Dr. Dutta's academic excellence and leadership but also enhances the institutional reputation of Ananda Mohan College in the broader educational community.



College Events

Welcoming the New Batch: Orientation 2025

An **Orientation Programme** for the newly admitted undergraduate students of B.A., B.Sc., and B.Com. (Hons./MDC) was held on **29th August 2025 (Friday)**, organized by the Academic Sub-Committee in collaboration with the IQAC and the Admission Sub-Committee of Ananda Mohan College. Dr. **Mili Das**, Assistant Professor, Department of Physics, served as the Programme Co-ordinator for B.A./B.Sc. (Major/MDC) students, while Dr. **Sweata Khati**, Assistant Professor, Department of Botany, coordinated the programme for B.Com. (Major/MDC) students.



The session commenced with a welcome address by Dr. Priyatosh Dutta, Teacher-in-Charge, followed by the pledge address delivered by Dr. Sandipan Sen, Associate Professor, Department of English. Subsequently, faculty members presented their perspectives through audio-visual presentations, highlighting various aspects of the curriculum, student facilities, and campus life. The general orientation was later followed by departmental orientation sessions, providing students with more focused insights into their respective disciplines.



Summer Internship Programme, 2025 - Development of Basic Scientific and Research Aptitude in Interdisciplinary

Ananda Mohan College organized its inaugural summer internship programme in science from 16th June to 3rd July, 2025. Designed by the Research Sub-Committee and facilitated by the IQAC, the initiative sought to provide students with foundational exposure to interdisciplinary research.

A total of eleven students from the Department of Zoology, B.Sc. (Four-Year Honours), Semester IV, participated in the internship program. The initiative included both theoretical and practical components. In the theory sessions, faculty members delivered in-depth lectures, followed by interactive discussions. Students were also provided with study materials and assignments for timely submission. The practical sessions offered hands-on training in laboratory techniques, thereby enhancing their applied knowledge.

At the end of the program, students were awarded certificates, while participating teachers received Certificates of Appreciation. The students, with the guidance of their mentors, will further appear for the University Internship Examination, to be evaluated by an external examiner.

As a highlight of the program, a one-day workshop on “UV-Visible and FTIR Spectrophotometry” was jointly organized on 20th June 2025 at 2:30 pm by the Research Sub-Committee and IQAC of Ananda Mohan College, in collaboration with Perkin Elmer and Rammohan College. Held at the Rammohan College Auditorium, the workshop featured Mr. Kaushik Kahali, Senior Product Specialist at Perkin Elmer, as the key resource person.



First half of the program was a lecture session and later half was interactive session with hands-on training using the Perkin-Elmer instrument. Around 53 interested students and faculty members from various nearby institutions participated in the free workshop. The program ended with a vote of thanks by Dr. Attreyee Mukherjee, Coordinator, IQAC, Ananda Mohan College. Everybody enjoyed the workshop and learnt the importance of spectroscopy in science.

The program concluded with the certificate distribution ceremony on 29th July 2025 (Tuesday) at the Annex Building, Ananda Mohan College .



One-Day Workshop on UG Physiology Syllabus under CCF 2022

The Departments of Physiology of Ananda Mohan College and Rammohan College jointly organized a One-Day Workshop on the UG Physiology Syllabus (Semester 1–6) under CCF 2022 in collaboration with the UGBOS in Physiology, University of Calcutta, on 2nd August 2025.

The workshop brought together 41 participants, including UG-BOS members, university faculty, and teachers from 16 undergraduate colleges affiliated with the University of Calcutta.

The session was presided over by Prof. Sanit Dey (Chairman, UGBOS), Dr. Arnab Chaudhuri (Associate Professor, City College), and Dr. Sukti Chakraborty (Associate Professor, Surendranath College).

Discussions covered both Major and MDC UG Physiology syllabi, and several corrections and revisions were finalized through common consensus.

One-Day Workshop on UG Physiology Syllabus (Semester 1 to 6) under CCF 2022

Organised Jointly By Rammohan College & Ananda Mohan College In Collaboration with UGBOS in Physiology, University of Calcutta

Venue: College Auditorium, New Science Building, Rammohan College, 85A, Raja Rammohan Sarani, Kolkata – 700009

Date: 2nd August 2025 10 am onward

Register Here Or click on this link

Joint Conveners:
Trina Kundu
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trinakundu@rammohancollege.ac.in

Raghendra Mishra
Assistant Professor, Ananda Mohan College
+91-983066487
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Spectrum of Activities: Showcasing Departmental Endeavours

Department of Botany

Beyond the Classroom: Academic Visits to Indian Museum and Botanical Garden

The Department of Botany visited the Indian Museum on 1st August, 2025 (Friday) with the Semester-IV Botany (Honours) students, as a part of their Palaeobotany curriculum. They were accompanied by two departmental teachers (Dr. Soumi Naha Nag and Mr Tanmoy Mallick) who guided the students throughout the visit.

The Department of Botany organized another one-day educational excursion to the AJC Bose Indian Botanical Garden, Shibpur, Howrah on 13th August 2025 (Wednesday). The visit was conducted as part of the NEP/CCF curriculum, providing students with experiential learning opportunities beyond the classroom.



The Department of Botany organized another one-day educational excursion to the AJC Bose Indian Botanical Garden, Shibpur, Howrah on 13th August 2025 (Wednesday). The visit was conducted as part of the NEP/CCF curriculum, providing students with experiential learning opportunities beyond the classroom.

A total of 13 students from Semester-II (Hons./Gen.) and Semester-IV (Gen.) participated in the excursion. They were accompanied by two departmental teachers (Dr. Biplab Patra and Mr Tanmoy Mallick) who guided the students throughout the visit.



Beyond the Classroom: A Visit to Subhash Sarobar, Kolkata

The Department of Botany, Ananda Mohan College organized an educational visit to Subhash Sarobar Park, Kolkata on 28th July 2025 (Monday). Students explored the diverse aquatic flora of the serene lake along with the lush green cultivated plants of the park. They were accompanied by three departmental teachers (Dr. Debasree Chakraborty, Dr. Soumi Naha Nag and Dr. Sweata Khati) who guided the students throughout the visit. The enriching field experience proved highly inspiring and academically rewarding.



Department of English

Internship on English Poetry Recitation: Enhancing Expression and Performance

The internship of the English department was carried out with the help of an external examiner as per CU guidelines. An eminent person in the field, Shri Debashish Ray Chaudhuri, former Associate Professor of English, Ananda Mohan College and a noted music and theatre practitioner graciously accepted the department's invitation to act as the external examiner. The internship was on English poetry recitation and was held from 20th May, 2025 to 20th June, 2025 on select days ensuring enough time for the students to prepare their presentations. English Honours students of semester 4 were asked to choose any English poem on their own, memorise it, and recite it.

They were then provided feedback on accuracy, pronunciation, emphasis and tone. In their final presentation, the students made use of the feedback to make a more polished presentation. 9 students completed their internship.



Department of Hindi

Hindi Diwas 2025: A Celebration of Language, Culture & Unity

On September 16, 2025 (Tuesday), Anand Mohan College's Hindi Department, Seminar Committee, and IQAC successfully organized 'Hindi Diwas' programme. The program included many cultural and literary programs like poetry recitation competition, dance performance focused on Hindi language and short drama focused on unity of language in which students participated enthusiastic role.

The chief guest, Dr. Geeta Dubey, Associate Professor, Scottish Church College, Kolkata delivered an impressive lecture highlighting Hindi's high standards, unique features, and growing presence in technical fields. Dr. Sandipan Sen, Senior Professor of our college was also highlighted his viewpoints on language He emphasized the richness of the Hindi language, referencing iconic figures like Rabindranath Tagore and Subhash Chandra Bose.

The event was skillfully conducted by Dr. Rina Singh, Head of the Hindi Department. The collective efforts of all departments ensured the seminar's success.



Department of Zoology

Beyond the Classroom: Field Survey to Fish Market

The students of Semester II, Department of Zoology, Ananda Mohan College, successfully carried out a field survey at the Maniktala fish market on 12th August, 2025 (Tuesday), under the guidance of two departmental teachers, Dr. Ujjal Roy and Mr. Anirban Basu.

The activity provided the students with valuable exposure to the functioning of a local fish market, highlighting its role in the local economy, food supply chain, and sustainability practices, as well as its environmental implications. This hands-on learning experience greatly enriched their academic understanding beyond the classroom.



Outreach

NSS Programme on Cyber Security and Digital Safety: From Campus to Community

The NSS (National Service Scheme) Unit of Ananda Mohan College organized an Experiential Learning Programme (ELP) on “Cyber Security and Digital Safety” during July and August 2025. As part of the initiative, NSS volunteers carried out awareness campaigns in the neighbouring community, spreading knowledge on safe digital practices. The students also completed 120 hours of field-based training, which included practical sessions conducted by experts from the Cyber Police Headquarters, Lalbazar. This programme not only enabled students to connect with the local environment but also strengthened their communication skills and provided valuable insights into real-world challenges.

As part of its Experiential Learning Programme, the NSS Unit also organized a seminar on “Cyber Security Awareness.” Eleven students from different colleges participated in the course under this initiative, focusing on promoting safe digital practices and cyber hygiene.

Ananda Mohan College continually motivates students to engage in diverse academic and co-curricular activities. The institution regularly hosts innovative seminars and workshops aimed at fostering holistic development. The NSS Unit plays a vital role in this endeavour, actively guiding students to participate in such meaningful initiatives.

Ananda Mohan College NSS group conducted an awareness program in NGO and shops of Hatibagan area, as a part of Experiential Learning Program on cybersecurity on 1st September, 2025 (Monday). The students interacted with different people from various strata, explaining the importance of cybersecurity. Such programs not only help the community but also boosts student-community relationship.



Rakshabandhan Program

The NSS (National Service Scheme) celebrated the auspicious occasion, ‘Rakshabandhan Program’ on 08th August, 2025 (Friday). The students and teachers expressed their gratitude and respect through tying symbolic Rakhis on the wrists of senior teachers. The students also visited neighbourhood areas to tie Rakhis to elderly persons showing good will.



Celebration of the 79th Independence Day, 2025

The NSS (National Service Scheme) Unit of Ananda Mohan College celebrated the 79th Independence Day, 2025 on 15th August, 2025 (Friday). On this auspicious occasion, food packets were distributed among slum children and street dwellers.



Continuing Professional Development

Dr. Mahua Bardhan, Assistant Professor of the department of Geography, successfully completed the five-days residential faculty development program, 'Nurturing Future Leadership Program' (NFLP) for Women Academic Leaders starting from 21st July, 2025 to 25th July, 2025 organized by Indian Institute of Management (IIM), Bodh Gaya under the Malaviya Mission Teacher Training Programme (MMTTP).

Dr. Subhalakshmi Paul, Assistant professor of the department of Economics, successfully completed the Faculty Development Course on 'Microsoft Power-BI' during 16 – 18 July, 2025 organized by Infosys at Calcutta University Technology Campus, Salt Lake. This comprehensive program aimed to enhance teaching skills, industry relevance, and student employability.

Dr. Dhiman Mondal, Librarian has successfully completed the Malaviya Mission Teacher Training Programme (MMTTP) sponsored online Capacity

Building Program on Artificial Intelligence, 'From Chalkboards to Chatbots: Faculty Voyage in AI' organized by the Indian Institute of Technology (IIT), Ropar from July 14, 2025 to July 18, 2025.

Dr. Pallab Ray, Assistant professor of the department of Zoology, successfully participated in the online short-term programme on 'Workplace Stress Management and Mental Health' conducted by the Malaviya Mission Teacher Training Centre (MMTTC), The University of Burdwan, from 4th August 2025 to 11th August 2025.

Mr. Rajib Das Bhagat, Assistant Professor of the department of Computer Science, successfully completed the two days online workshop on 'Generative AI Mastermind' conducted by the Outskill.com from 23rd August, 2025 to 24th August, 2025.

Dr. Mili Das, Assistant Professor of the department of Physics, successfully participated in the two-day's workshop on '*Physics Syllabi*' for 4-year Honours & Honours with research for the 7th and 8th semester (under CCF, 2022) organized jointly by the Department of Physics and Internal Quality Assurance Cell (IQAC) of Vidyasagar College for Women in collaboration with Undergraduate & Postgraduate Board of Studies in Physics, University of Calcutta, from 26th August, 2025 to 27th August 2025.

Dr. Sanjay Dey, Assistant Professor of the Department of Zoology, successfully participated in the online short-term programme on '*Leadership Skill & Development*' conducted by the Malaviya Mission Teacher Training Centre (MMTTC), Dr. Babasaheb Ambedkar Marathwada University, Maharashtra, from 28th July, 2025 to 2nd August, 2025.

Research and Publications

Dr. Shyam Sarkar, Assistant Professor of the Department of Chemistry, has authored a book titled, "*Artificial Intelligence for Everyone: An Undergraduate Q&A Guide*" [ISBN: 978-93-94107-40-3], published by Books & Allied Pvt. Ltd. The book is designed in accordance with the University of Calcutta's undergraduate syllabus (NEP2020) for Skill Enhancement Course (SEC) and serves as a valuable resource for undergraduate learners

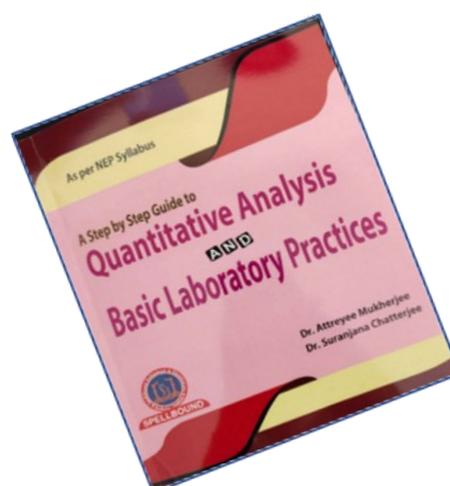
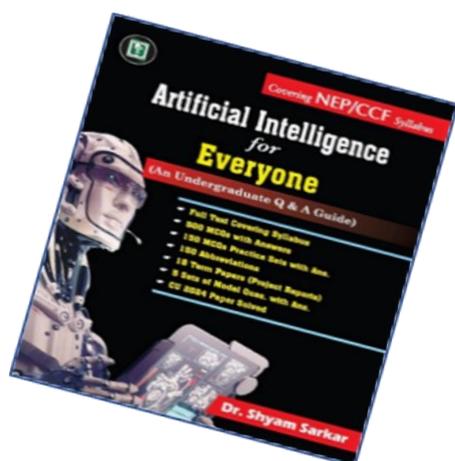
Dr. Attreyee Mukherjee and **Dr. Suranjana Chatterjee**, Assistant Professors in the Department of Chemistry, have co-authored a new book, "*A Step by Step Guide to Quantitative Analysis and Basic Laboratory Practices*" (ISBN:978-81-987035-2-1), published by Spellbound Publishers & Distributors. This book is specifically based on a portion of the National Education Policy (NEP) syllabus for Chemistry at the University of Calcutta, making it a relevant resource for students.

Dr. Rijaul H. Mirdha, Assistant Professor of the Department of Chemistry, has published a research article titled, "*A study involving stochastic principle in elucidating discrete and average transformation paths in Xenon doped Argon cluster*" in the journal of the Indian Chemical Society (ISSN: 2667-2847) by the Indian Chemical Society in collaboration with Elsevier, (Impact Factor- 3.4) --

[<https://doi.org/10.1016/j.jics.2025.101626>]

Dr. Sounak Dutta, Assistant Professor of the Department of Chemistry, has co-authored a research article titled, "*DYE DECOLORIZATION AND BIOMASS DEGRADATION BY Pleurotus pulmonarius AND Pleurotus ostreatus*" published in the Journal of Microbiology, Biotechnology and Food Sciences (ISSN: 1338-5178) by the Faculty of Biotechnology and Food Sciences, Slovak University of Agriculture in Nitra (Impact Factor- 0.9) --

[<https://doi.org/10.55251/jmbfs.10678>]



Dr. Raghendra Mishra, Assistant Professor, Department of Physiology, successfully supervised two M.Sc. dissertation projects of students (Suman Paul and Abhilasha Das) from Rammohan College. Suman Paul carried out his research on “*Russell’s Viper Venom Induced Splenic T Cell Polarization in an Experimental Murine Model*”, where he demonstrated that splenic T and B cells exhibit temporal variations during the study period. His findings suggest a strong link between immune cell dynamics and the progression or

remission of snakebite envenomation and its associated pathogenesis. Meanwhile, Abhilasha Das, in her dissertation titled “*Innate Immune Response in Experimental Murine Model in Snake Venom Induced Acute Kidney Injury*”, highlighted those immunological and circulatory mediators may play a crucial role in both the development and healing phases of acute kidney injury resulting from snakebite envenomation. Her research challenges the earlier notion that such injury is solely caused by the venom’s direct toxic effects.

Faculty Presentations & Academic Engagements

Dr. Soumi Naha Nag of the Department of Botany, Ananda Mohan College participated in the 3rd **Botanical Congress 2025: International Meet** held from 21st to 23rd August, 2025 to commemorate the 90th year of the Botanical Society of Bengal. The event was jointly organized by the Botanical Society of Bengal and the Department of Botany, University of Calcutta.

She delivered an oral presentation titled “Optimizing in vitro Germination and Seedling Growth in *Dendrobium transparens* L. using Organic Additives and Plant Growth Regulators” (Abstract ID: OP-31). Beyond her academic contribution, Dr. Naha Nag, together with Dr. Shruti Naha Sen, presented Rabindra Sangeet and Bengali Folk Songs during the inaugural cultural evening, adding a memorable touch to the conference.

Dr. Sounak Dutta of the Department of Chemistry, Ananda Mohan College attended the **International Conference Frontiers in Science (ICFS): An Integrative Approach in Solving Global Challenges, 2025** at Krishnagar Govt. College, Krishnagar held on 10-11th September, 2025. He presented a paper “Water Purification through Dye Removal using Adsorption and Biodegradation” (Abstract ID- BOP-6) in the conference. Dr. Dutta gave an oral presentation on the topic explaining the different techniques of dye removal from water. His paper as a review article, will be reviewed for publication in the college journal ‘Conscientia’ (ISSN: 2278-6554).



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Dr. Attreyee Mukherjee of the Department of Chemistry, Ananda Mohan College successfully delivered an invited lecture on “*Integrating Artificial Intelligence with Computer-Aided Drug Design: A New Era in Drug Discovery*” in the **International Conference on Green Technologies, Environment and Drug Discovery (ICGTEDD-2025)** to be held on 3rd September 2025, organised by Green Chemistry Network Centre, Akal University, Punjab, India.

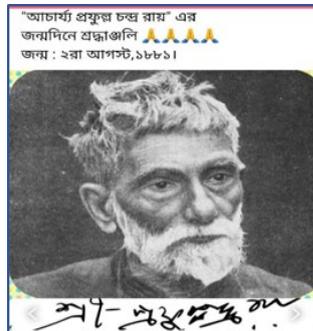


Dr. Priyatosh Dutta, Teacher-in-Charge of Ananda Mohan College, was invited as a distinguished speaker at the **Acharya Prafulla Chandra Roy Memorial Lecture – 2025**, organised by Prafulla Chandra College, Kolkata, on 16th September 2025 (Tuesday). He delivered an engaging lecture on the theme “*Learning can be Fun*”, which was marked by an interactive and lively presentation style that resonated with the audience.



Seminar

On the occasion of the Acharya Prafulla Chandra Roy Memorial Lecture – 2025, the Department of Botany, in collaboration with the Seminar Committee and IQAC of Ananda Mohan College, organized a special seminar on 6th August, 2025 at the Annex Building of the college.



On "Biofertilizer and Biopesticides – The Chemical Aspect". Dr. Sandipan Sen, the senior most faculty of Department of English, Ananda Mohan College, delivered an engaging talk titled "Juktibad o Acharya Prafulla Chandra". His thought-

provoking discourse on rationalism and the life philosophy of Acharya Prafulla Chandra Roy captivated the audience and created a deep sense of admiration for the legendary scientist.

The seminar concluded with a vote of thanks by Dr. Biplab Patra of Department of Botany of Ananda Mohan College, marking a memorable tribute to Acharya Prafulla Chandra Roy's contributions to science and education.



ANANDA MOHAN COLLEGE
PRESENTS

Acharya Prafulla Chandra Roy Memorial lecture -2025
Organized by Dept. of Botany, Seminar Committee and IQAC, AMC

<p>Speaker : Dr. Sandipan Sen Associate Professor, Department of English, Ananda Mohan College, Kolkata</p>	<p>Speaker : Dr. Debarati Das Assistant Professor, Department of Botany, New Alipore College, Kolkata</p>
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বিষয় : "যুক্তিবাদ ও আচার্য প্রফুল্লচন্দ্র"
Topic : "Biofertilizer and Biopesticide: The chemical aspect"

Date: 6th August 2025, Time: 6.00 pm
Place: Annex Building

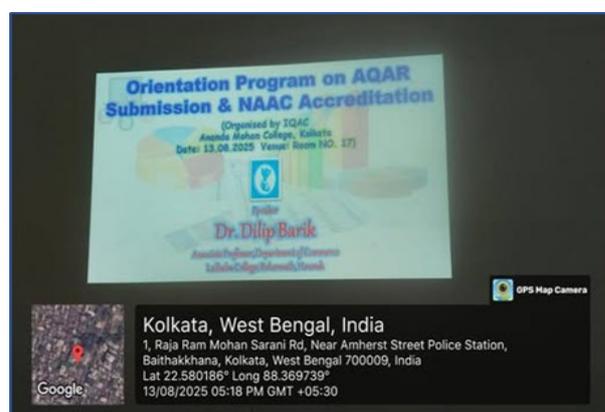
The program commenced with the inauguration by Dr. Debashree Chakraborty, Senior Faculty, Department of Botany, Ananda Mohan College, who welcomed the dignitaries, faculty members, and students. The invited speaker for the event, Dr. Debarati Das, Assistant Professor, Department of Botany, New Alipore College, Kolkata, delivered an insightful lecture.



The Internal Quality Assurance Cell (IQAC)

- ◆ One IQAC Meeting was held on 6th August, 2025 in the Principal's room, at 4.00 pm with 16 members including the Teacher-in-Charge, Governing Body members, alumni nominee and students' representative. Subsequently, a second meeting was organized on 28th August, 2025 at 11:30 am in the Rector's room, which was attended by around 9–10 internal members.
- ◆ An Orientation Program on 'AQAR Submission and NAAC Accreditation' was arranged by the IQAC, Ananda Mohan College on 13th August, 2025 in the college. The program was conducted so that members of Teaching and Non-teaching staff become acquainted with the process of AQAR preparation and NAAC accreditation.

The resource person was Dr. Dilip Barik, Associate Professor, Dept of Commerce, Lalbaba College. Incidentally he is also a respected alumnus of Ananda Mohan College. He was elaborate in his session and wilfully explained several technical aspects of the process. We thank him for his earnest contribution.



Echoes from the Library Stacks

- ◆ During the months of June, July and August 2025, the Central Library - Ananda Mohan College undertook a student satisfaction survey to collect feedback through Google Form about library services. Students from different academic streams, especially Commerce, Zoology, English, Computer Science, Botany, Physiology and related disciplines. Then, the data were analysed to generate a SWOT framework report on library operations -- https://anandamohancollege.ac.in/wp-content/uploads/2025/07/College-Library-Feedback-Report_2024.pdf
- ◆ Ananda Mohan College – Central Library implemented QR-Code system from the month of July within library for easily accessing its Online Public Access Catalogue (OPAC) and Feedback to improve users' response.
- ◆ Ananda Mohan College – Central Library entered into social networking site arena on 25th July, 2025 through creation of Facebook Pages to connect with their communities and share information about events, resources, and news, fostering engagement

and interaction with their users. It is an initiative towards digital extension of the library, to reach a wider audience online - <https://www.facebook.com/people/Ananda-Mohan-College-Central-Library/61578617765752/>

Library Statistics at a Glance

Months	Addition of New Books	Footfall in the Library	Total Check in – Check out
July, 2025	05	252	117
August, 2025	34	89	48
September, 2025	23	127	24

College Chronicle

- ◆ The Centralised Admission Portal (WBCAP) for new admission (B.A./ B.Sc. / B.Com. CCF – 4 years Hons / 3 years MDC) was opened from 19th June, 2025 to 30th July, 2025. After online admission, document verification was done from 25th to 29th August, 2025.
- ◆ During first two weeks of August, University Examination were conducted for the B.A. / B.Sc. / B.Com. Semester-II students (SEC /IDC/ CVAC).
- ◆ The college conducted the University Semester-IV B.A./B.Sc./B.Com. (Hons./ MDC) (under CBCS/ CCF) Examination – 2025 to be held on 14th August to 08th September, 2025. All the staff extended their co-operation to conduct the said examination smoothly.
- ◆ Due to heavy rainfall and waterlogging, the college were closed from 23rd September, 2025 to 25th September, 2025. So, the Puja Vacation is preponed accordingly and it was started from 23th September, 2025 (Tuesday) to 28th October, 2025 (Tuesday).

Month	July, 2025	August, 2025	September, 2025
No of days college opened	26	23	13
Holidays	1	3	14



A Journey of Dedication: Retirement Tribute



Our esteemed senior colleague, **Dr. Sandipan Sen**, Associate Professor of the Department of English, retired on September 30, 2025 after 38 years of dedicated and distinguished service. A Farewell Programme was scheduled for September 24, but unfortunately had to be cancelled due to heavy rainfall and waterlogging.

The college community will always cherish his academic brilliance and inspirational leadership, which provided strength and guidance in every crucial moment. With heartfelt gratitude and affection, we bid him farewell.



Student Achievements & Accolades

Mr. Rudranil Lahiri, a first-year student of Computer Science (Hons., 4-year course) at Ananda Mohan College, authored and presented a research paper, titled “*An Optimized Machine Learning Modelling for Classification of Nanoparticles Toxicity*” under the guidance of departmental teacher, Dr. Prasenjit Kundu in the ‘**National Conference on Recent Applications of Nanomaterials in Biological Sciences**’ (RANBS-2025).



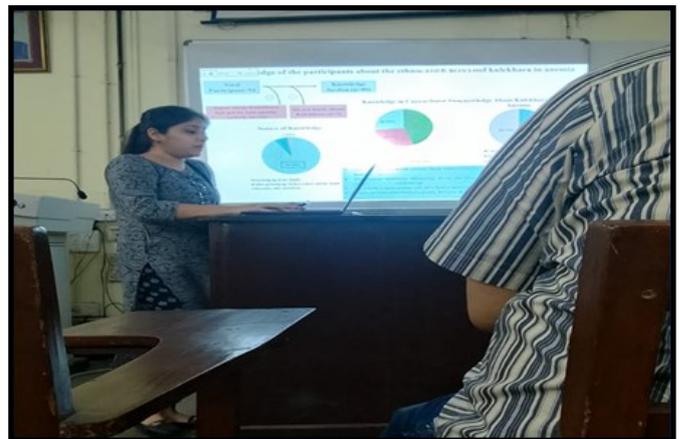
The conference, sponsored by the Department of Higher Education, Govt. of West Bengal, was organized by Maulana Azad College, Kolkata, on 28th and 29th August 2025. Rudranil received special recognition as the youngest author and presenter among faculty members and research scholars participating in the event.



Ms. Anusua Singh, the Ph.D. scholar of Department of Physiology, Ananda Mohan College (Supervisor- Dr. Raghwendra Mishra) has successfully defended her 5000-words synopsis (pre-submission) of thesis entitled **“Herbal Tea Approach For Anemia Prevention By Kulekhara (*Hygrophila spinosa*)”** on 26th June, 2025 at Department of Physiology, University of Calcutta. This PhD works explores the scientific basis of anaemia correcting potential of kulekhara, a widely used green leafy vegetable in west Bengal and to develop its herbal tea product for wider use, especially in areas where it is not available. The major findings validate that decoction of both fresh kulekhara leaves and kulekhara herbal tea significantly mitigates anaemia of different etiology mainly through reducing inflammation and upregulating the process of erythropoiesis.



A part of her research work entitled **“Domestic preparation of *Hygrophila spinosa* (Kulekhara) decoction mitigates iron deficiency anemia and restores erythropoiesis in an experimental murine model”** [<https://doi.org/10.55184/ijpas.v77i03.539>] was also published in Indian Journal of Physiology and Allied Sciences, an official journal of the Physiological Society of India (p-ISSN: 0367-8350).

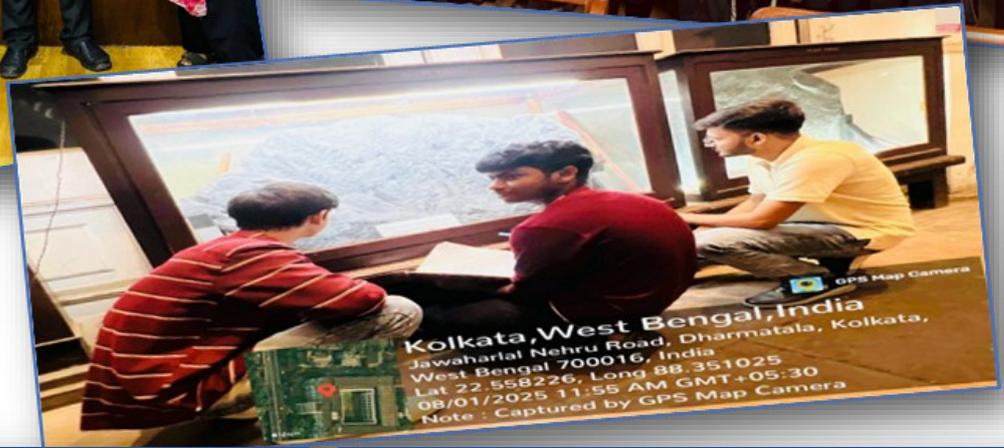


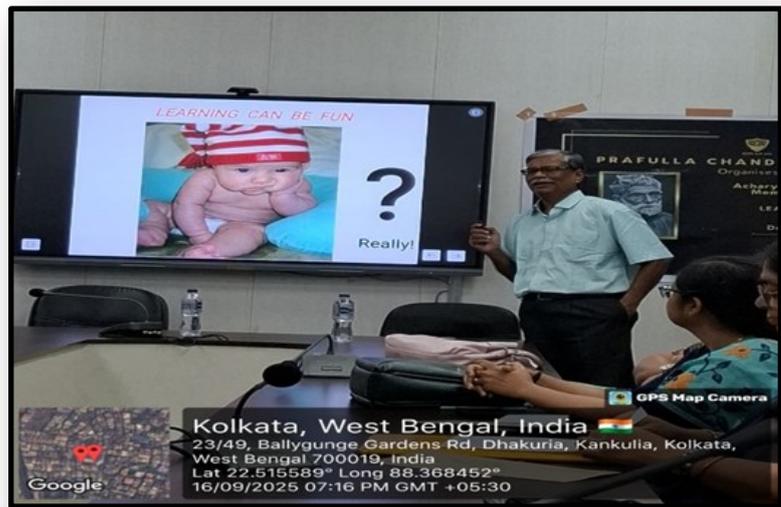
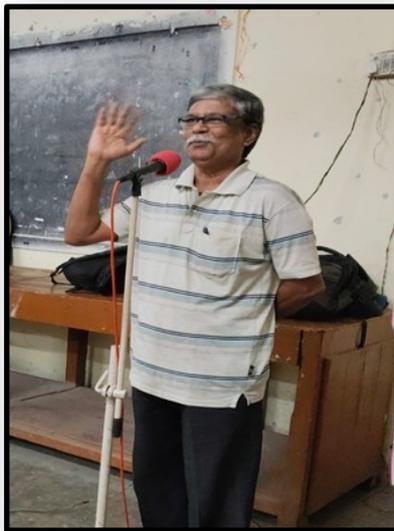
Students Symphony

The Students’ Union of Ananda Mohan College extended active support in organizing the Orientation Program for newly admitted B.A., B.Sc. and B.Com. (Hons. / MDC) students, held on 29th August 2025 (Friday) in Rooms 5 and 6.



Framed Moments





Kolkata, West Bengal, India
23/49, Ballygunge Gardens Rd, Dhakuria, Kankulia, Kolkata,
West Bengal 700019, India
Lat 22.515589° Long 88.368452°
16/09/2025 07:16 PM GMT +05:30



Kolkata, West Bengal, India
City College, College Street, Kolkata, West Bengal 700009, India
Lat 22.580179° Long 88.369734°
29/08/2025 05:36 PM GMT +05:30



Kolkata, West Bengal, India
Ground Floor, No 2a, Rammohun Roy Rd, Near Rammohun Rd
Library, College Street, Kolkata, West Bengal 700009, India
Lat 22.580024° Long 88.369924°
29/08/2025 06:15 PM GMT +05:30



Kolkata, West Bengal, India
Raja Ram Mohan Roy Sarani, College Street,
Kolkata, West Bengal 700009, India
Lat 22.580034, Long 88.369893
08/29/2025 05:42 PM GMT+05:30
Note : Captured by GPS Map Camera



Kolkata, West Bengal, India
15/2/j, College Street, Kolkata, West Bengal 700009, India
Lat 22.580781° Long 88.369645°
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